



**2011-12
Seven Holy Founders
Sports Handbook**

www.shfaa.net

Welcome to Seven Holy Founders Athletic Association sports programs. We are here to Supervise and develop athletic activities for grade school and teenage parish members and non-members. Our goal is to give proper guidance, leadership, and consistent regulations to all boys, girls, and adult athletic activities of the parish and to promote good sportsmanship. In addition, we strive to promote a fraternal (social) organization to enhance an air of fellowship among members, and to sponsor social activities for the parish community.

SHFAA Board Members

Executive Board:

- | | |
|-----------------------------|--------------------|
| - Spiritual Leader, | Father Don Siple |
| - President, | Tim McLaughlin |
| - Vice President Athletic, | Sadeth Phimphavong |
| - Vice President of Social, | Mike Klenc |
| - Secretary, | Mike Polizzi |
| - Treasurer, | Kevin Wagoner |
| - Past President, | Tom Schiller |

Athletic Board

- | | |
|-----------------------------|-----------------------------------|
| - Basketball Lay Director, | Jim Hawkins |
| - Baseball Lay Director, | George Grossius |
| - Softball Lay Director, | Jamie Lanz |
| - Soccer Lay Director, | Chris Ott |
| - Volleyball Lay Directors, | Monica Hartmann and Gina Giegling |
| - Golf Lay Director, | Pat Conroy |
| - Hoc-Soc, | Ed Bertram |
| - Equipment Manager, | Paul Tillman |
| - Gym Manager, | Ken O'Brien |
| - Tiger Field, | Ken Krechnyak |

CYC sports

Seven Holy Founders competes in the South County District in the following

- Soccer (Fall)
- Volleyball (Fall)
- Basketball (Winter)
- Baseball (Spring)
- Softball (Spring)
- Golf (Spring)
- La Crosse (Starting this spring, if we have enough interest)

(Track, offered by CYC but we currently do not have a program)

Instructional Sports Programs

Seven Holy Founders offers instructional programs for the following sports.

Hoc-Soc (Pre-K to 2nd grade during the basketball season):

Indoor soccer with a Nerf soccer ball played in the gym on Saturday mornings for 10 weeks,

Baseball (Pre-K to 2nd grade during the baseball season):

Coach pitch 10 game season in a league with neighboring south county schools

Softball (Pre-K to 2nd grade during the softball season):

Coach pitch 10 game season in a league with neighboring south county schools

Basketball (2nd grade during the basketball season):

Intramural instructional program ½ hour of practice and ½ hour of scrimmage, in the gym on Saturday mornings for 10 weeks

SHF Sports Calendar

BASEBALL

Signups: January

Regular Season: April to July

BASKETBALL

Signups: Aug/Sept

Regular Season: Jan. to April

HOC-SOC

Signups: October

Regular Season: Jan. to March

INSTRUCTIONAL BASKETBALL

Signups: October

Regular Season: Jan. to March

SOCCKER

Signups: April

Regular Season: Aug. to Nov.

SOFTBALL

Signups: January

Regular Season: April to July

SUMMER BASKETBALL

Signups: March

Regular Season: May to July

VOLLEYBALL

Signups: April

Regular Season: Aug. to Nov.

Sports Signup and Uniform turn-in

Sign up dates for all sports will be published in our Parish Bulletin and will be posted to our websites at SHFAA.net.

Uniform Turn In dates will be published in our Parish Bulletin and will be posted to our websites at SHFAA.net, and the coaches will email you the information as it becomes available. Failure to turn in a uniform on one of the designated dates will result in forfeiture of your uniform deposit. T shirts provided for Instructional Sports are the property of the participant and do not need to be turned in. This also includes 1st and 2nd grade soccer.

CYC ID card

All players must have CYC card to participate in the CYC sports:

- 1st grade & up Soccer
- 3rd grade & up Basketball, Baseball, Softball
- 3rd grade & up Volleyball
- 5th grade & up Golf

For instructions on how to get your ID please visit the CYC ID website:

<http://www.cycstl.net/id-cards#requirements>

Because this is a photo ID, the applicant **must** be present to have his or her picture taken. All the ID sessions are open to anyone. You will also need to **bring one of the following** for each applicant, for verification of birth date (the item must have the applicant's correct name and birth date on it):

- Birth Certificate (can be a copy)
- Baptismal Certificate (can be a copy)
- Current or Expired CYC Photo ID Card (**cannot** be a copy)
- Passport (**cannot** be a copy)
- Valid Drivers' License (**cannot** be a copy)

There is also a **\$5 processing fee** for each ID card.

Note: Fee has increased to \$5 effective 9/24/09

Youth Card

Fee: \$5.00

Under 18 years of age

Expires: August 31, 2015

Adult Card

Fee: \$5.00

At least 18 years of age

Never Expires

There is also a new process where you can apply online for a CYC card. Information on this process is at the same CYC website referenced above.

SHF Team Selections

1st to 4th grade

- Soccer starts in the 1st grade
- Baseball & Softball start in the 1st grade
- Basketball starts in the 3rd grade
- Volleyball starts in the 3rd grade

If multiple teams are required for a given grade and sport, team selection will be done by the Lay Director and Coaches with the intent to create teams of equal talent. This policy applies to the initial setup of the team and any adjustments that are required for additional players or loss of players. Basketball grades 5th thru 8th and Volleyball grades 6th thru 8th will be governed by rules outlined below specifically for those sports.

Assistant coaches will not be assigned until after the teams have been created to provide for maximum flexibility in creating teams of equal talent. In the event additions/attrition create the need to adjust team membership that will be done at the discretion of the Lay Director and Coaches with the intent to maintain teams of equal talent. Should an issue arise that is not covered by this policy, the Lay Director and VP Athletics have full discretion to make decisions necessary to solve the issue. Should the Lay Director or VP Athletics have a child involved in these decisions, they will recuse themselves from these decisions and the President will appoint an alternate.

Open/Close (5th grade and above)

Any player, playing on a non-CYC team/club team during the CYC season in the same sport is considered to be an open player.

Example: Joe Smith plays soccer for St. Louis Soccer club and wants to play for SHF 7th grade soccer team. He must play on an OPEN SHF team if available.

Playing Up

No one is allowed to play up a grade unless the grade the child is in doesn't have a team AND the grade up does not have a full roster. If the grade the child is in doesn't have a team AND the grade up has a full roster, the Lay Director will work to place the child wanting to play on a team from a neighboring parish.

Player Evaluation (if needed)

The SHF Athletic board has voted to have an evaluation process for Basketball and Volleyball only if needed. This will be based on the number of players and how many open or closed players. The evaluation will give players the opportunity to play at a level comparable to their abilities. The evaluations are conducted by a group of objective, independent, area high school and college level coaches that make it a great learning experience. No coaches or parents are allowed to be present at the evaluations.

BASKETBALL: (5th grade and up)

Basketball evaluations will be conducted on an as needed basis at the determination of the Lay Director in consultation with the VP Athletics and coaches. Possible circumstances necessitating evaluations could include creation of an Open team due to players participating on Basketball Teams outside of CYC during the CYC season, establishment of a parochial team, etc. Should the need exist to create an Open Team, all players will be provided the opportunity to be evaluated for selection to that team. The maximum roster will be 10 players, and players will be selected by the outside panel based on their abilities DEMONSTRATED DURING THE EVALUATION regardless of whether they are classified as open players. If an evaluation is required, the team will be selected from all available players who wish to be evaluated, and it's possible an open player would not be selected to play on the open team. A player does not have to be an open player to play on an open team.

If a tryout/player evaluation is needed, and an open player does not wish to try-out or was not selected for the first team, that player will have the following options to play CYC sports:

- (1) He/She can play for an SHF closed team but would have to discontinue their affiliation with a non-cyc team of the same sport during the same season
- (2) He/She can choose to continue to play on the non CYC team and get a release from SHF and be placed in a pool to be placed on another parish's open team
- (3) He/She can choose to continue to play on the non CYC team and not play CYC.

The evaluations will be held at the SHF gym. If you are unable to attend 2 of the sessions please let YOUR LAY DIRECTOR know ASAP. Attendance at evaluations is NOT required if the child does not wish to participate on the open team

VOLLEYBALL: (6th grade and up)

Evaluation will give players the opportunity to play at a level comparable to their abilities. The evaluations are conducted by a group of objective, independent, area high school and college level coaches that make it a great learning experience, and we have no coaches or parents present.

The evaluations will be held at the SHF gym. If you are unable to attend 2 of the sessions please let YOUR LAY DIRECTOR know ASAP. Also, attendance at evaluations is NOT mandatory.

SHF Volleyball will have 1 Parochial team that is eligible to 7th and 8th graders, Parochial is an additional league that CYC created to give the older athletes an additional opportunity to compete, still with the ability to advance to playoffs and a City-County championship.

Tournament Teams

SHFAA will not sponsor tournament teams. If a coach would like to create a travel/club team to compete in a NON CYC tournament and the tournament fee is not being paid by SHF, it's up to the coach to contact the child's parents directly and we consider this a non- SHFAA function. Participation in such a team should not interfere with a player's ability to participate on their CYC team.

Roles and Responsibilities

Coaches:

All coaches must complete these following programs to be able to coach a CYC team.

- Coaching Concepts (head coaches only)
- Protecting God's Children
- State Background Check

Communicate all logistics to the parents and foster a Christian learning environment during practices and games. Coaches are the interface with Parents on all issues related to their teams. Coaches will communicate game and practice times, attend the mandatory South County CYC coaches meeting for their sport, and attend monthly Athletic Association Meetings. Coaches will work with the Lay Director of their sport to fill out rosters, track uniform numbers and provide a roster with uniform numbers to the lay director and equipment manager for use in uniform turn in, and any other paperwork required by CYC or SHF.

Additionally:

All managers, coaches and players are required to have an official CYC identification card, with the exception of the instructional programs. Managers have the option of having their CYC card or Coaching Concepts card.

Managers are responsible for all players on the roster and the accuracy of the information. Managers and coaches will be held accountable as to the statements of age

on the ID card and roster.

Managers and coaches must adhere to the CYC policy for playing time for all players. All eligible players must play a minimum of 25% of the game duration unless the player has been reprimanded or injured.

Managers and coaches are PROHIBITED from soliciting players with the purpose of "stacking" a team.

Parents:

Your participation in our program is the key to success of our program.

We thank you in advanced for your support.

Practice and Game

Please have your child be on time for all practices and games.

Refrained from yelling instruction to your child during a game. It sends a confusing message to the child to whom should he/she should listen to, his/her parent or his/her coach.

Concessions: All parents are required to work concession at the gym or Tiger Field. 2 hours per child per sport is the standard but certain situations may require more or less support. Please be flexible. Remember, proceeds from our concession stands help us maintain low registration fees for our athletes.

PLUS:

3rd and 8th grade basketball parents are required to work the Annual Becker Basketball tournament concession; door and final night clean up
The rest of the concession time will be divided to the rest of the grades.

The 3rd grade boys and girls teams will be responsible for working concessions and door during the 3rd grade Christmas Basketball Tourney.

The 3rd grade boys and girls team will play a scrimmage game during the halftime of the Becker Championship game (in February)

The 5th grade basketball parents are required to work concession and door for the Annual Stahl tourney (in November/December)

The 7th and 8th grade volleyball parents are required to work concession and doors for the SLAM Volleyball Tournament (in October)

Any additional tournaments hosted by SHF in any sport may require additional hours of support from the parents. Thanks in advance for your help.

Players:

Attend practices and games, be respectful of coaches, referees and other players while participating in the sport, and advise the coach of any schedule conflicts that will result in missed practices or games. Also, you are responsible to return your uniform on one of the designated dates that will be communicated to you.

FEES and Uniform Deposits

Registration Fee for all sports is \$60 per child with family maximum of \$150 for each sport. A uniform deposit of \$50 will be required at time of registration for each child grade 3 and up participating in a sport. Deposits for 2nd grade and below are not required, as those teams receive T shirts that become the property of the child. The uniform deposits must be separate checks for each child, not a family check. No deposit is required for Golf as the players purchase the golf shirts annually.

Facilities

- Gym
- Tiger Field

Concessions

(See parents responsibilities)

Contact Information

Tim Mclaughlin, President
Sadeth Phimpavong, VP Athletics

Rev. August 2011